

## how to order

- ◆ Our canteen is open on Fridays. All orders are to be handed in on Thursdays by 9am. No late orders.
- ◆ Please use the reusable lunch bags for \$10 available from the canteen or uniform shop. Provide the following details:
  - ◆ Child's name, room number, teacher's name;
  - ◆ Item(s) you would like to order;
  - ◆ Total amount of money due/enclosed.
- ◆ Alternatively, purchase single use bags from the canteen for 10c each, or pre-purchase 10 for \$1.00 or 25 for \$2.00.
- ◆ Any change will be taped to the lunch bag delivered to your child.
- ◆ All menu items are subject to availability.
- ◆ We are unable to provide credit. Please don't ask for credit as refusal might offend.
- ◆ Mistakes do happen. Please ask your child to speak with the canteen staff as soon as possible to rectify the error if feasible and prevent it from re-occurring.

## recess

- ◆ Recess: we provide a range of hot and cold snacks during recess. Children from Year 1 to 6 can buy reasonably priced items (50c-\$1.00) directly from the canteen. These items are not pre-ordered.
- ◆ **G** Apple Slinky (\$1.00) or bring your own apple for us to slice and core for you (20c).



Parents and Citizens  
Association Inc.

The  
Snack  
Shack

## Winter Menu

## about our canteen

- ◆ Our canteen is part of the P&C and operates under the guidance of the North Perth Primary School Canteen Committee run sole by volunteers.
- ◆ Our canteen thrives to provide a healthy eating focus and adheres to the WA Canteen Association guidelines of 'Traffic Light' choices. Items are identified as:
  - ◆ **Green:** recommended for everyday consumption;
  - ◆ **Amber:** not recommended as 'every day' choices, availability to students should be limited;
  - ◆ **Red:** not permitted in WA public school canteens or food services.
- ◆ We are an allergy aware canteen with a nut free menu. Please discuss your child's food allergies with our staff.
- ◆ If you would like to become part of the canteen committee, or if you have any questions, please contact our canteen committee Alicia on 0413 648 961 or email [nppscanteen@gmail.com](mailto:nppscanteen@gmail.com).

## volunteers

- ◆ We heavily rely on our volunteers to ensure the canteen can operate. Please sign up via VolunteerSpot (link on canteen webpage) or let Alicia know if you are able to help out—whether it is once a year or term, or on a more regular basis. All parents are welcome, no experience required.

# The Snack Shack

**Fresh Sandwiches** add 50c for toasted option, 50c for wrap/roll, \$1.00 for gluten-free option, add 50c for extras (e.g. salads, cheese, pineapple, mayo)

<b>G</b> Vegemite	\$2.50	<b>A</b> Ham	\$3.50
<b>G</b> Salad (lettuce, tomato, carrot, cucumber)	\$3.00	<b>A</b> Ham & cheese	\$4.00
<b>G</b> Cheese	\$3.50	<b>A</b> Chicken	\$4.50
<b>G</b> Egg	\$3.50		
<b>G</b> Tuna	\$3.50	<b>A</b> Hot chicken & mayo roll full / half	\$5.50/ 3.00

## Friday Lunch Specials

Sushi (teriyaki chicken, crispy chicken, Californian roll, tuna, vegetarian, combination)

◆ <b>G</b> 4 pieces	\$5.00
◆ <b>G</b> 6 pieces	\$7.00
<b>G</b> Rice paper rolls (2 pieces; crispy chicken, vegetarian) <b>G</b>	\$6.00

Pastries

◆ <b>A</b> Good Eating snack pie	\$1.50
◆ <b>A</b> Good Eating pie	\$4.00
◆ <b>A</b> Good Eating sausage roll	\$3.50
◆ <b>A</b> Spinach & ricotta roll	\$3.50
◆ <b>A</b> Tomato sauce	\$0.50

## Drinks & After Lunch Snacks (can be pre-ordered or purchased on the day)

<b>G</b> Plain milk (Hilo; 250mL)	\$2.00	<b>G</b> Frozen pineapple ring	\$0.50
<b>G</b> Flavoured milk (chocolate, banana, strawberry, napolitana; 250mL)	\$2.50	<b>G</b> Yoghurt (assorted flavours; 170g)	\$2.50
<b>G</b> Water (600mL)	\$1.50	<b>G</b> Fresh fruit salad [ <b>must be pre-ordered</b> ]	\$4.00
<b>A</b> Nudie juice (orange, apple, topical; 250mL)	\$2.50	<b>A</b> Icy Pole	\$1.00
		<b>A</b> Moosies (chocolate, strawberry, blue moon, banana, lime; 85g)	\$2.00
		<b>A</b> Froyo frozen yoghurt (GF; cake batter, mango (LF), mountain berry, cookies n cream, salted caramel, NY cheesecake, green apple; XXXg)	\$3.00